

AVOCA CENTRAL SCHOOL DISTRICT
HYBRID VIRTUAL NOVEMBER MENU FOR GRADES K - 12th

***All Vegetables & Fruits are served in 1/2 cup portions**

*** Each student receives 1 free breakfast & 1 free lunch at no charge per school day.**

HOME MEALS - Group A & B	HOME MEALS - Group B	HOME MEALS - Group A	HOME MEALS - Group B	HOME MEALS - Group A
MON - Nov 2nd	TUES - Nov 3rd	WED - Nov 4th	THURS - Nov 5th	FRI - Nov 6th
Breakfast: Cinnamon Roll, Fruit Choice, Juice & Milk	Breakfast: Pancake, Fruit Choice, Juice & Milk	Breakfast: Pancake, Fruit Choice, Juice & Milk	Breakfast: Bagel, Fruit Choice, Juice & Milk	Breakfast: Bagel, Fruit Choice, Juice & Milk
Lunch Entrée: Breakfast for Lunch French toast sticks /sausage	Lunch Entrée: Cheese Pizza	Lunch Entrée: Cheese Pizza	Lunch Entrée: Mozzarella Sticks	Lunch Entrée: Mozzarella Sticks
Vegetable: Baby Carrots	Vegetable: Green Beans	Vegetable: Green Beans	Vegetable: Broccoli	Vegetable: Broccoli
Sides: Fruit & Milk	Sides: Fruit & Milk	Sides: Fruit & Milk	Sides: Fruit & Milk	Sides: Fruit & Milk
Cooking Instructions: Heat sausage to 165 F	Cooking Instructions: Heat Pizza to 165 F	Cooking Instructions: Heat Pizza to 165 F	Cooking Instructions: Heat Mozz sticks to 165 F	Cooking Instructions: Heat Mozz Sticks to 165 F
MON - Nov 9th	TUES - Nov 10th	WED - Nov 11th	THURS - Nov 12th	FRI - Nov 13th
Breakfast: Cinnamon Roll, Fruit Choice, Juice & Milk	Breakfast: Breakfast on Stick, Fruit Choice, Juice & Milk		Breakfast: Muffin, Oatmeal Bar, Fruit, Juice & Milk	Breakfast: Muffin, Oatmeal Bar, Fruit, Juice & Milk
Lunch Entrée: Chicken Tenders	Lunch Entrée: Hot Dog on Bun		Lunch Entrée: Meat Walking Taco	Lunch Entrée: Meat Walking Taco
Vegetable: Baby Carrots	Vegetable: Green Beans		Vegetable: Broccoli	Vegetable: Broccoli
Sides: Fruit & Milk	Sides: Fruit & Milk		Sides: Fruit & Milk	Sides: Fruit & Milk
Cooking Instructions: Heat Nuggets to 165 F	Cooking Instructions: Heat hot dog to 165 F		Cooking Instructions: Heat Taco meat to 165 F	Cooking Instructions: Heat Taco meat to 165 F
MON - Nov 16th	TUES - Nov 17th	WED - Nov 18th	THURS - Nov 19th	FRI - Nov 20th
Breakfast: Cinnamon Roll, Fruit Choice, Juice & Milk	Breakfast: Breakfast on Stick, Fruit Choice, Juice	Breakfast: Breakfast on Stick, Fruit Choice, Juice	Breakfast: Bagel, Fruit Choice, Juice & Milk	Breakfast: Bagel, Fruit Choice, Juice & Milk
Lunch Entrée: Ultimate Breadstick	Lunch Entrée: Chicken Patty on Bun	Lunch Entrée: Chicken Patty on Bun	Lunch Entrée: Chicken Walking Taco	Lunch Entrée: Chicken Walking Taco
Vegetable: Baby Carrots	Vegetable: Green Beans	Vegetable: Green Beans	Vegetable: Broccoli	Vegetable: Broccoli
Sides: Fruit & Milk	Sides: Fruit & Milk	Sides: Fruit & Milk	Sides: Fruit & Milk	Sides: Fruit & Milk
Cooking Instructions: Heat Breadstick to 165 F	Cooking Instructions: Heat patty to 165 F	Cooking Instructions: Heat patty to 165 F	Cooking Instructions: Heat chicken taco meat to 165 F	Cooking Instructions: Heat chicken taco meat to 165 F
MON - Nov 23rd	TUES - Nov 24th	WED - Nov 25th	THURS - Nov 26th	FRI - Nov 27th
Breakfast: Cinnamon Roll, Fruit Choice, Juice & Milk	Breakfast: Muffin, Oatmeal Bar, Fruit Choice, Juice			
Lunch Entrée: Cheeseburgers	Lunch Entrée: Chicken Tenders			
Vegetable: Baby Carrots	Vegetable: Green Beans			
Sides: Fruit & Milk	Sides: Fruit & Milk			
Cooking Instructions: Heat Tendersto 165 F	Cooking Instructions: Heat burger patty to 165 F			
MON - Nov 30th				
Breakfast: Cinnamon Roll, Fruit Choice, Juice & Milk				
Lunch Entrée: Breakfast for Lunch Pancakes w/ Sausage				
Vegetable: Baby Carrots				
Sides: Fruit & Milk				
Cooking Instructions: Heat Chicken Taco meat to 165 F				